

Patient Health Questionnaire-2

(PHQ-2)

Over the last 2 weeks, how often have you been bothered by any of the following problems: (Use “✓” to indicate your answer)	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things				
2. Feeling down, depressed or hopeless				

Scoring the PHQ-2

- A PHQ-2 score ranges from 0-6. A score of 3 is the optimal cutpoint when using the PHQ-2 to screen for depression.
- If the score is 3 or greater, major depressive disorder is likely.
- Patients who screen positive should be further evaluated with the [PHQ-9](#), other diagnostic instruments, or direct interview to determine whether they meet criteria for a depressive disorder.